The CRAFFT Interview (version 2.0)
To be orally administered by the clinician

Begin: “I’m going to ask you a few questions that I ask all my patients. Please be honest. I will keep your answers confidential.”

**Part A**
During the PAST 12 MONTHS, on how many days did you:

1. Drink more than a few sips of beer, wine, or any drink containing alcohol? Say “0” if none.  
   - Number of days

2. Use any marijuana (pot, weed, hash, or in foods) or “synthetic marijuana” (like “K2” or “Spice”)? Say “0” if none.  
   - Number of days

3. Use anything else to get high (like other illegal drugs, prescription or over-the-counter medications, and things that you sniff or “huff”)? Say “0” if none.  
   - Number of days

Did the patient answer “0” for all questions in Part A?

- Yes ☐
- No ☐

**Ask CAR question only, then stop**  
**Ask all six CRAFFT* questions below**

**Part B**

<table>
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<tr>
<th></th>
<th>Yes</th>
<th>No</th>
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<tbody>
<tr>
<td><strong>C</strong></td>
<td>Have you ever ridden in a CAR driven by someone (including yourself) who was “high” or had been using alcohol or drugs?</td>
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<td><strong>R</strong></td>
<td>Do you ever use alcohol or drugs to RELAX, feel better about yourself, or fit in?</td>
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<tr>
<td><strong>A</strong></td>
<td>Do you ever use alcohol or drugs while you are by yourself, or ALONE?</td>
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<td><strong>F</strong></td>
<td>Do you ever FORGET things you did while using alcohol or drugs?</td>
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<tr>
<td><strong>F</strong></td>
<td>Do your FAMILY or FRIENDS ever tell you that you should cut down on your drinking or drug use?</td>
<td>☐</td>
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<td><strong>T</strong></td>
<td>Have you ever gotten into TROUBLE while you were using alcohol or drugs?</td>
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*Two or more YES answers suggest a serious problem and need for further assessment. See back for further instructions →

**NOTICE TO CLINIC STAFF AND MEDICAL RECORDS:**
The information on this page is protected by special federal confidentiality rules (42 CFR Part 2), which prohibit disclosure of this information unless authorized by specific written consent. A general authorization for release of medical information is NOT sufficient.
1. Show your patient his/her score on this graph and discuss level of risk for a substance use disorder.

![Graph showing percent with a DSM-5 Substance Use Disorder by CRAFFT score](image)


2. Use these talking points for brief counseling.

1. **REVIEW** screening results  
   For each “yes” response: “Can you tell me more about that?”

2. **RECOMMEND** not to use  
   “As your doctor (nurse/health care provider), my recommendation is not to use any alcohol, marijuana or other drug because they can: 1) Harm your developing brain; 2) Interfere with learning and memory, and 3) Put you in embarrassing or dangerous situations.”

3. **RIDING/DRIVING** risk counseling  
   “Motor vehicle crashes are the leading cause of death for young people. I give all my patients the Contract for Life. Please take it home and discuss it with your parents/guardians to create a plan for safe rides home.”

4. **RESPONSE** elicit self-motivational statements  
   Non-users: “If someone asked you why you don’t drink or use drugs, what would you say?” Users: “What would be some of the benefits of not using?”

5. **REINFORCE** self-efficacy  
   “I believe you have what it takes to keep alcohol and drugs from getting in the way of achieving your goals.”

3. Give patient **Contract for Life**. Available at [www.crafft.org/contract](http://www.crafft.org/contract)

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