

CRAFFT 2.1 Anototoo no

A klenekeni no nam ano kasa so de bema

Hyε aseε: “Merebebisa wo nsem kakra bi a εye nsem a mebisa ayarefoε nyinaa. Mesre wo di nokore. Mema w’anoyie no ayε kokoa mu asem.”

Ofa A

ABOSOME 12 a atwam yi, nna dodoo sen na:

1. Wonomm bie, bobesa, anaase anonnee biara a **εboro**? Se woannom bi koraa a ka “0.”

nna dodoo

2. Wode **bonsam tawa** (kanabi, wii, anwaduro, waase, anaase deε wohyeeε, wotweε tutuobone anaa asrabone koo wo mu, anaa wodii bi) anaase “**bonsam tawa a nipa ayε**” (te se “K2,” “Spice”)? Se woannom bi koraa a ka “0.”

nna dodoo

3. Wofaa **biribi foforo biara sεdeε εbeba w’ani so** (te se nnuobone, nnuro a wwatwere ama wo anaase deε wo ara woakoto wo nnutonbea, ne nneema a wohua, wotwe anaase wode wo wo ho)? Se woannom bi koraa a ka “0.”

nna dodoo

Dyarefoε no yii “0” maa nsemmissa a εwo Ofa A mu no nyinaa anaa?

Aane



Bisa KAA nsemmissa nko ara, na afei gyae

Daabi



Bisa CRAFFT nsemmissa a εwo Ofa B mu no nyinaa

Ofa B

Twa baako ho kanko

C Woatena **KAA** bi mu ama obi (a woka ho) na “aba n’ani so” anaase deε na wanom nsem anaa nnuobone retwi pen? **Daabi Aane**

R Wotumi nom nsa anaase nnuobone de **GYE W’AHOME**, nya atenka pa wo wo ho, anaase de ka ebinom ho? **Daabi Aane**

A Wotumi nom nsa berε a wo ara na wowo ho anaase aka wo **NKO ARA**? **Daabi Aane**

F Wo WERE tumi firi nneema a woyeeε berε a na woaboro anaase woafa nnuobone? **Daabi Aane**

F W’ABUSUAFOO anaase AYONKOFOD tumi ka kyere wo se te wo nsanom anaase nnuobonenom so anaa? **Daabi Aane**

T Woako OHAW bi mu berε a worenom nsa anaase adubone bi pen? **Daabi Aane**

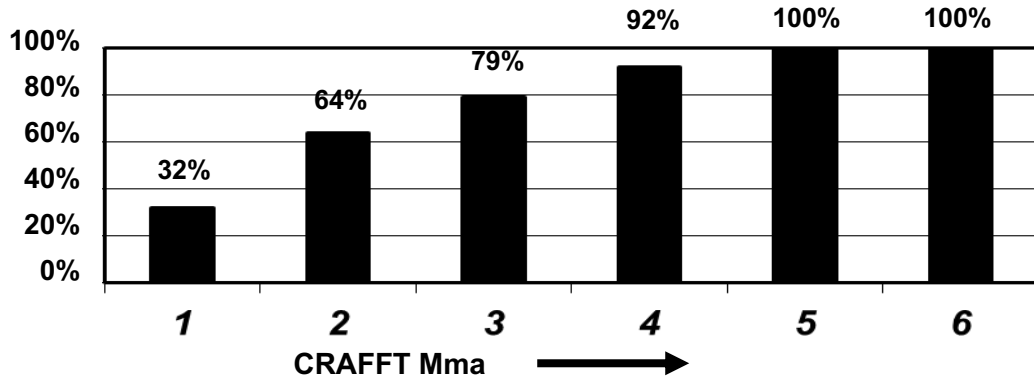
AANE anoyie mmienu anaase deε εboro saa kyere se ohaw keseeε wo ho a chia nhwehwemu bi aka ho. Hwe kratafa 3 na hunu akwankyerε nkaeε. 

KLENEKE ADWUMAYεFOO NE APOMUDEN NSENKORAEε NKAEBO:

Nsem a εwo kratafa yi so no oman kokoamusem mmara soronko (42 CFR Ofa 2) bo ho ban, a esi kwan se obi beda nsem no adi gye se wode openeeε a wwatwere ama ho kwan saa.

CRAFFT mma mu Nkyerεkyerεmu

Ba a εβεtumi aba σε DSM-5 a Wode Di Dwuma Ho Jhaw mma wε CRAFFT so*



Deε nsem firi: Mitchell SG, Kelly SM, Gryczynski J, Myers CP, O'Grady KE, Kirk AS, & Schwartz RP. (2014). The CRAFFT cut-points and DSM-5 criteria for alcohol and other drugs: a reevaluation and reexamination. *Substance Abuse*, 35(4), 376–80.

Fa 5 R nsempε no ma akwankyerε tiawa.



1. HWε nyiyimu mma no MU BIO

“Aane” anoyie biara: “Wobetumi aka bi aka εno ho akyerε me?”



2. SUSU σε mfa nye adwuma

“Makoyε wo dεkotani yi (nεεseni/apomuden dwumayeni), me nsusuiε a mewε ma wo ne σε nnom nsa, mfa nicotine, bonsam tawa anaase nnubone biara a εfiri σε εβεtumi: 1) Aσεε w'adwene a εgu so renyini; 2) Aha adesua ne nkaedwene, na 3) εde wo ako aniguaseε ne amannee mu.”



3. RETWI AFIDIE ho haw ho akwankyerε

“Moto ahyen akwanhyia ne nneεma a εrekum mmabunu no mu deε edi kan. Mema m'ayarefoε nyinaa Afebεε Kεntraagye. Mesεε wo fa kε fie na wo ne w'awofoε/ahwεfoε nni ho nkεmmε na monyε okwan papa a wobεfa so ako fie ho nkεmmε.”



4. ANOYIE pε anodisem a εhyε wo ara nkuran

Wεn a wεmfε nni dwuma: “Se obi bisa wo senti a wonnom nsa, ntwe tutuobone, anaase tobaako anaa nnubone a, wobεka den?” Wεn a wode di dwuma: “Se woamfa anyε adwuma a, mfasoε ben saa na wobεtumi anya?”



5. HYε MU KENA deε wo ara wotumi yε

“Megye di σε wowε ahodden biara a wohia σε wobeyi nnubonenom afiri w'abrabo mu na woatumi aduru wo botaeε ho.”

Ma εyarefoε Afebεε Kεntraagye. Ebi wε www.crafft.org/contract

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Yeasε kwan wε Center for Adolescent Behavioral Health Research (CABHRe), Boston Children's Hospital ho ayε no foforo.

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Wopε σε wotie mu yie anaase wonya bi wε kasa foforo mu a, hwε www.crafft.org.