

CRAFFT 2.1 Nsemmsisa no

Ɔyarefoɔ no na ɛwɔ sɛ ɔyiɔi ano

Mesɛ wo yiɔi nsemmsisa no nyinaa ano **nokorɛ mu**, yɛbɛkora w'anoyie no **asumasɛm**.

ABOSOME 12 a atwam yi, nna dodoo sɛn na:

1. Wonomm biɛ, bobesa, anaase anonnee biara a **ɛboro**? Sɛ ɛnye biara a twere "0."

nna dodoo

2. Wode **bonsam tawa** (kanabi, wii, anwaduro, waase, anaase deɛ wohyeeɛ, wotwee tutuobone anaa asrabone koo wo mu, anaa wodii bi) anaase "**bonsam tawa a nipa aye**" (te sɛ "K2," "Spice")? Sɛ ɛnye biara a twere "0."

nna dodoo

3. Wofaa **biribi foforo biara sɛdeɛ ɛbɛba w'ani so** (te sɛ nnuɔbɔne, nnuro a wɔatwerɛ ama wo anaase deɛ wo ara woakoto wo nnutɔnbea, ne nneɛma a wohua, wotwe anaase wode wo wo ho)? Sɛ ɛnye biara a twere "0."

nna dodoo

KAN SAA AKWANKYERE YI ANSA NA WOATOA SO:

- Sɛ wode "0" to nnaka no NYINAA mu wɔ soro ho a, YI ASEMMISA 4 A ɛWɔ ASEɛ YI ANO NA GYAE.
- Sɛ wode "1" anaase deɛ ɛboro saa too Nsemmsisa 1. 2. anaa 3 mu wɔ soro ho a, YI NSEMMISA 4-9 ANO Wɔ ASEɛ HA.

Twa baako ho kanko

4. Wotena KAA bi mu a deɛ ɔretwi no, (a woka ho) na "aba n'ani so" anaase na wanom nsaden anaase nnuɔbɔne pɛn?

Daabi Aane

5. Wotumi nom nsa anaase nnuɔbɔne de GYE W'AHOME, nya atenka pa wɔ wo ho, anaase de ka ebinom ho?

Daabi Aane

6. Wotumi nom nas anaase nnuɔbɔne berɛ wo nko ara wɔ ho anaase aka wo NKO ARA?

Daabi Aane

7. Wo WERE tumi firi nneɛma a woyeeɛ berɛ a na woaboro anaase woafa nnuɔbɔne?

Daabi Aane

8. W'ABUSUAFOɔ anaase AYɔNKOFOFɔ tumi ka kyere wo sɛ te wo nsanom anaase nnuɔbɔnenom so anaa?

Daabi Aane

9. Woako CHAW bi mu berɛ a worenom nsa anaase adubone bi pɛn?

Daabi Aane

KLENEKE ADWUMAYɛFOɔ NE APOMUDEN NSEnkORAEɛ NKAEBɔ:

Nsem a ɛwɔ kratafa yi so no ɔman kokoamusem mmara soronko (42 CFR ɔfa 2) bo ho ban, a ɛsi kwan sɛ obi beda nsem no adi gye sɛ wohyɛ da

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Yɛasɛ kwan wo Center for Adolescent Behavioral Health Research (CABHRe), Boston Children's Hospital ho aye no foforo.

Wopɛ sɛ wotie mu yie anaase wonya bi wo kasa foforo mu a, hwɛ www.crafft.org