

CRAFFT 2.1+N Anototoo no

A klenekeni no nam ano kasa so de bema

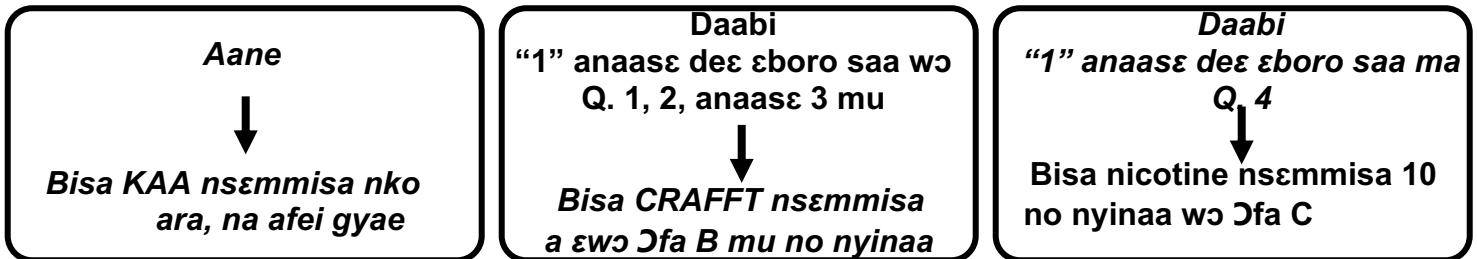
Hyε aseε: “Merebεbisa wo nsem kakra bi a εye nsem a mebisa ayarefoo nyinaa. Mesre wo di nokore. Mema w’anoyie no aye kokoa mu asem.”

ɔfa A

ABOSOME 12 a atwam yi, nna dodoo sen na:

1. Wonomm bis, bobesa, anaase anonnee biara a **εboro**? Se woannom bi koraa a ka # nna dodoo
2. Wode **bonsam tawa** (kanabi, wii, anwaduro, waase, anaase dee wohyeeε, wotwee tutuobone anaa asrabone koo wo mu, anaa wodii bi) anaase **“bonsam tawa a nipa aye”** (te se “K2,” “Spice”)? Se woannom bi koraa a ka # nna dodoo
3. Wofaa **biribi foforo biara sεdeε εbεba w’ani so** (te se nnuobone, nnuro a wotwere ama wo anaase dee wo ara woakoto wo nnutonbea, ne nneema a wohua, wotwe anaase wode wo wo ho)? Se woannom bi koraa a ka # nna dodoo
4. Wode **afidie a wode twe tutuobone*** a **nicotine anaase aduhwam ahodoo wom**, anaase wofaa **tobaako ho nneema bi†**? Se woannom bi koraa a ka # nna dodoo
*Bi te se e-cig ahodoo, mod ahodoo, mfidie be te se JUUL, dee wode twe tutuobone bi te se Puff Bar, vape doroben, anaase e-hookah ahodoo. †Sigtete, sigaa, cigarillos, hookahs, tawa, asra, asra a afo, anaase dee wode to nsuom.

ɔyarefoo no yii “0” maa nsemmissa a εwo ɔfa A mu no nyinaa anaa?



ɔfa B

Twa baako ho kanko

- | | |
|---|------------|
| C Woatena KAA bi mu ama obi (a woka ho) na “aba n’ani so” anaase dee na wanom nsem anaa nnuobone retwi pen? | Daabi Aane |
| R Wotumi nom nsa anaase nnuobone de GYE W’AHOME , nya atenka pa wo wo ho, anaase de ka ebinom ho? | Daabi Aane |
| A Wotumi nom nsa bere a wo ara na wowo ho anaase aka wo NKO ARA ? | Daabi Aane |
| F Wo WERE tumi firi nneema a woyeeε bere a na woaboro anaase woafa nnuobone? | Daabi Aane |
| F W’ABUSUAFOD anaase AYONKOFOOD tumi ka kyere wo se te wo nsanom anaase nnoobonenom so anaa? | Daabi Aane |
| T Woako ɔHAW bi mu bere a worenom nsa anaase adubone bi pen? | Daabi Aane |

AANE anoyie mmienu anaase dee εboro saa kyere se ɔhaw kesee wo ho a chia nhwehwemu bi aka ho. Hwe kratafa 3 na hunu akwankyerε nkaεε. →

“Nsemmissa a εdidi so yi bisa fa kwan a wofa so de **mfidie a wode twe tutuobone a nicotine ne/anaa aduhwam wom**, anaase **tobaako nneema** di dwuma ho.*”

Ɔfa C

Twa baako ho kanko

1.	Woatu anamɔn sɛ wobɛgyae a woantumi annyae pɛn?	Aane	Daabi
2.	Woda so twe tutuobone anaase tobaako <u>seesei</u> esiane sɛ eyɛ den sɛ wobɛgyae?	Aane	Daabi
3.	Woanya adwene bi sɛ tutuobonetweɛ anaase tobaako reye aka wo ho pɛn?	Aane	Daabi
4.	Wotumi nya atenka dennennen sɛ wobɛtwe tutuobone anaase wobɛnom tobaako?	Aane	Daabi
5.	Woanya atenka bi sɛ εwɔ sɛ wotwe tutuobone anaase wonom tobaako pɛn?	Aane	Daabi
6.	Woduru beaɛɛ a wonni kwan sɛ wotwe tutuobone anaase wonom tobaako, bi te sɛ sukuu a, eyɛ a na eyɛ wo den?	Aane	Daabi
7.	<i>Bere a wontwee tutuobone anaase wonnomm tobaako bere tenten bi akyi (anaase bere a woyɛɛ w'adwene sɛ wobɛgyae)...</i>		
a.	na eyɛ wo den sɛ wode w'adwene besɪ biribi so esiane sɛ woantumi antwe tutuobone anaase woannom tobaako?	Aane	Daabi
b.	wo ho yɛɛ wo basabasa esiane sɛ woantumi antwe tutuobone anaase woannom tobaako?	Aane	Daabi
c.	wonyaa atenka dennen bi sɛ εwɔ sɛ wotwe tutuobone anaase wonom tobaako?	Aane	Daabi
d.	wo ho peree wo, wo ho teetee wo, anaase na wontumi ntena esiane sɛ woantumi antwe tutuobone anaase woannom tobaako?	Aane	Daabi

*Mmoa nwoma:

Wheeler, K. C., Fletcher, K. E., Wellman, R. J., & DiFranza, J. R. (2004). Screening adolescents for nicotine dependence: the Hooked On Nicotine Checklist. *J Adolesc Health, 35*(3), 225–230;

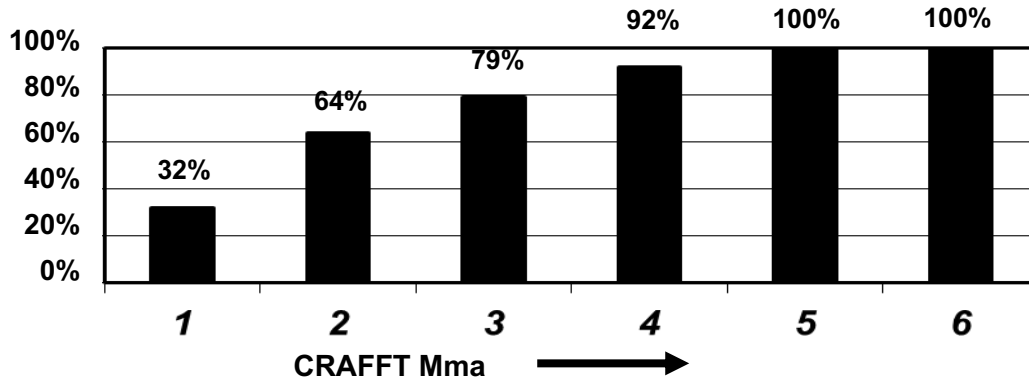
McKelvey, K., Baiocchi, M., & Halpern-Felsher, B. (2018). Adolescents' and Young Adults' Use and Perceptions of Pod-Based Electronic Cigarettes. *JAMA Network Open, 1*(6), e183535.

KLENEKE ADWUMAYɛFOJ NE APOMUDEN NɛNKORAEɛ NKAEBɔ:

Nsem a εwɔ kratafa yi so no ɔman kokoamusem mmara soronko (42 CFR Ɔfa 2) bo ho ban, a esi kwan sɛ obi beda nsem no adi gye sɛ wode openeɛ a wɔatwɛɛ ama ho kwan saa.

CRAFFT mma mu Nkyerεkyerεmu

Ba a εβεtumi aba se DSM-5 a Wode Di Dwuma Ho Jhaw mma wε CRAFFT so*



Deε nseμ firi: Mitchell SG, Kelly SM, Gryczynski J, Myers CP, O'Grady KE, Kirk AS, & Schwartz RP. (2014). The CRAFFT cut-points and DSM-5 criteria for alcohol and other drugs: a reevaluation and reexamination. Substance Abuse, 35(4), 376–80.

Fa 5 R nseμpε no ma akwankyerε tiawa.



1. HWε nyiyimu mma no MU BIO

“Aane” anoyie biara: “Wobetumi aka bi aka εno ho akyerε me?”



2. SUSU se mfa nye adwuma

“Makoyε wo dεkotani yi (neεseni/apomuden dwumayeni), me nsusuisε a mewε ma wo ne se nnom nsa, mfa nicotine, bonsam tawa anaase nnuβone biara a εfiri se εβεtumi: 1) Aseε w'adwene a εgu so renyini; 2) Aha adesua ne nkaedwene, na 3) εde wo ako aniguaseε ne amanneε mu.”



3. RETWI AFIDIE ho haw ho akwankyerε

“Moto ahyen akwanhyia ne nneεma a εrekum mmabunu no mu deε εdi kan. Mema m'ayarefoε nyinaa Afeβε Kεntraagye. Mesre wo fa ko fie na wo ne w'awofoε/ahwefoε nni ho nkεmmε na monye okwan papa a wobεfa so ako fie ho nkεmmε.”



4. ANOYIE pe anodisεm a εhyε wo ara nkuran

Wεn a wεmfa nni dwuma: “Se obi bisa wo senti a wonnom nsa, ntwe tutuobone, anaase tobaako anaa nnuβone a, wobεka den?” Wεn a wode di dwuma: “Se woamfa anyε adwuma a, mfasoε βen saa na wobεtumi anya?”



5. HYε MU KENA deε wo ara wotumi ye

“Megye di se wowε ahocden biara a wohia se wobeyi nnuβonenom afiri w'abrabo mu na woatumi aduru wo botaeε ho.”

Ma εyarefoε Afeβε Kεntraagye. Ebi wε www.crafft.org/contract

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Yeasre kwan wε Center for Adolescent Behavioral Health Research (CABHRe), Boston Children's Hospital ho aye no foforo.

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Wope se wotie mu yie anaase wonya bi wε kasa foforo mu a, hwe www.crafft.org.