The CRAFFT Interview (version 2.1)
To be verbally administered by the clinician

Begin: “I’m going to ask you a few questions that I ask all my patients. Please be honest. I will keep your answers confidential.”

**Part A**
During the PAST 12 MONTHS, on how many days did you:

1. Drink more than a few sips of beer, wine, or any drink containing **alcohol**? Say “0” if none.

2. Use any **marijuana** (cannabis, weed, oil, wax, or hash by smoking, vaping, dabbing, or in edibles) or “**synthetic marijuana**” (like “K2,” “Spice”)? Say “0” if none.

3. Use **anything else to get high** (like other illegal drugs, pills, prescription or over-the-counter medications, and things that you sniff, huff, vape, or inject)? Say “0” if none.

<table>
<thead>
<tr>
<th>Did the patient answer “0” for all questions in Part A?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes [ ] No [ ]</td>
</tr>
</tbody>
</table>

---

**Part B**

<table>
<thead>
<tr>
<th>Circle one</th>
</tr>
</thead>
<tbody>
<tr>
<td>C Have you ever ridden in a <strong>CAR</strong> driven by someone (including yourself) who was “high” or had been using alcohol or drugs?</td>
</tr>
<tr>
<td>R Do you ever use alcohol or drugs to <strong>RELAX</strong>, feel better about yourself, or fit in?</td>
</tr>
<tr>
<td>A Do you ever use alcohol or drugs while you are by yourself, or <strong>ALONE</strong>?</td>
</tr>
<tr>
<td>F Do you ever <strong>FORGET</strong> things you did while using alcohol or drugs?</td>
</tr>
<tr>
<td>F Do your <strong>FAMILY</strong> or <strong>FRIENDS</strong> ever tell you that you should cut down on your drinking or drug use?</td>
</tr>
<tr>
<td>T Have you ever gotten into <strong>TROUBLE</strong> while you were using alcohol or drugs?</td>
</tr>
</tbody>
</table>

*Two or more YES answers in Part B suggests a serious problem that needs further assessment. See back for further instructions*
CRAFFT Score Interpretation

Probability of a DSM-5 Substance Use Disorder by CRAFFT score*


Use the 5 R’s talking points for brief counseling.

1. **REVIEW** screening results
   For each “yes” response: “Can you tell me more about that?”

2. **RECOMMEND** not to use
   “As your doctor (nurse/health care provider), my recommendation is not to use any alcohol, marijuana or other drug because they can: 1) Harm your developing brain; 2) Interfere with learning and memory, and 3) Put you in embarrassing or dangerous situations.”

3. **RIDING/DRIVING** risk counseling
   “Motor vehicle crashes are the leading cause of death for young people. I give all my patients the Contract for Life. Please take it home and discuss it with your parents/guardians to create a plan for safe rides home.”

4. **RESPONSE** elicit self-motivational statements
   Non-users: “If someone asked you why you don’t drink or use drugs, what would you say?” Users: “What would be some of the benefits of not using?”

5. **REINFORCE** self-efficacy
   “I believe you have what it takes to keep alcohol and drugs from getting in the way of achieving your goals.”

Give patient Contract for Life. Available at www.crafft.org/contract

© John R. Knight, MD, Boston Children’s Hospital, 2020.
Reproduced with permission from the Center for Adolescent Behavioral Health Research (CABHRe), Boston Children’s Hospital.
crafft@childrens.harvard.edu www.crafft.org
For more information and versions in other languages, see www.crafft.org.