

# Foomka su'aalo waydiinta CRAFFT 2.1

## Waxaa buuxinaaya bukaanka

Fadlan uga jawaab dhammaan su'aalaha **si daacad ah**; jawaabaha aad bixiso **cidna loo sheegi maayo**.

Intii lagu jiray **12 BILOOD EE LASOO DHAAFAY**, meeqa maalmood ayaad:

1. Cabtay wax ka badan dhawr kabo oo khamri, calaq, ama cabitaan kale ah oo ay ku jirto **aalkolo**? Geli "0" haddii aadan cabin.

Tirada maalmaha

2. Ayaad isticmaashay **marijuana** (cannabis, xashiis, saliid, koolo, ama haashka sigaarka, shiishad, koolo dhuuqid, ama geedaha daroogada) ama "marijuana gacan ku samays ah" (sida "K2," "Spice")? Geli "0" haddii aadan cabin.

Tirada maalmaha

3. Ayaad isticmaashay **wax kale si aad u marqaanto** (sida daroogooyinka kale ee sharci darada ah, daawada dhakhtarku qoro iyo waxyaabaha aad sanko ka jiido, dhuuqdo, shiishad ahaan u cabto, ama isku durto)? Geli "0" haddii aadan cabin.

Tirada maalmaha

### AKHRI TILMAAMAHAAN KAHOR INTAADAN SII WADIN:

- Haddii aad ku qorto "0" **DHAMMAAN** bokisyada kore, **KA JAWAAB SU'AASHA 4 EE HOOSE, KADIBNA JOOJI.**
- Haddii aad ku qorto "1" ama ka badan **Su'aalaha 1, 2, ama 3** kore, **JAWAABAHA 4-9 EE HOOSE.**

### Goobin geli hal

4. Waligaa ma raacday GAARI uu wado qof (ood adigu ku jirto) kaasoo "marqaansan" ama isticmaalaayay khamri ama daroogo?

Maya Haa

5. Waligaa ma isticmaashay khamri ama daroogooyin si AAD ISKU DAJISO, u hagaajiso dareenkaaga, ama aad jawi jira ula qabsato?

Maya Haa

6. Waligaa ma adeegsataa khamri ama daroogo markaad kaligaa tahay, ama CIDLO JOOGTO?

Maya Haa

7. Waligaa ma ILOOWDAA waxyaabo aad samaysay intaad isticmaalaysay khamriga ama daroogada?

Maya Haa

8. Waligaa EHELKAAGA ama SAAXIIBADAA ma kuu sheegeen inay haboon tahay inaad iska yarayso cabista khamriga ama isticmaalka daroogada?

Maya Haa

9. Waligaa ma kala kulantay DHIBAATO intaad isticmaalaysay khamriga ama daroogada?

Maya Haa

### OGAYSIIIS KU SOCDA SHAQAALAHA CAAFIMAADKA IYO DIIWAANNADA CAAFIMAADKA:

Xogta ku qoran boggaan waxaa difaacaaya xeerarka sirta qofka ee federaalka oo gaar ah (42 CFR Qaybta 2), kaasoo mamnuucaaya shaacinta xogtaan ilaa in lagu fasaxo maahee ogolaansho qaas ah oo qoran.

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Waxaa dib loo sameeyay kadib markii fasax laga Center for Adolescent Behavioral Health Research (CABHRe), Boston Children's Hospital. Wixii xog dheeraad ah iyo noocyo ku qoran luuqado kale, arag [www.crafft.org](http://www.crafft.org)